

PE Progression



Document

Strand

Core Knowledge & Skills

KS1 Progression

- Early foundational knowledge in PE
- Developing confidence and vocabulary (Article 12)
- Inclusive learning for all pupils (Article 2)
- Exploring through practical experiences

KS2 Progression

- Deepening subject understanding in PE
- Applying knowledge with independence
- Making links and evaluating work (Article 29)
- Using subject-specific vocabulary confidently

Rights Links:

- Article 28 - Right to education
- Article 29 - Right to develop talents
- Article 12 - Right to be heard
- Article 2 - Inclusion and fairness